

Dynamic *DISCIPLING*

ONE-TO-ONE

AN OPPORTUNITY

Most Christians today would like to experience that same supernatural, dynamic and fulfilling life that is described in the New Testament epistles. It was not merely performance to them, but an invasion of their lives by a new quality of life that they described as ***“Christ living in them”***.

Experiencing this new quality of life is directly related to our response to God’s word. In the parable of the sower, Jesus illustrates that people respond to His word in four ways. Read Matthew 13:3-9 and 18-23.

Which soil would you like to represent your life?

Dynamic Discipling is an opportunity to help you to develop a consistent and growing walk with God in the power of the Holy Spirit and to learn how to pass it on to someone else.

WHAT IS DYNAMIC DISCIPLING?

1. It is a series designed to help you grow in your love for God and for others.
2. It consists of nine one-to-one training sessions which are used by one person to train another who will in turn train another person.
3. We will meet together once a week for one, to one-and-a-half hours to share, study Biblical principles and pray together.

WHY ONE-TO-ONE?

1. Short term one-to-one discipleship is easily reproduced. (The most effective way to pass on training to another person.)
2. Almost anyone can do individual training. A man trains a man; a woman trains a woman.

3. It is real potential for you to develop as a leader.
4. You become more accountable
5. It helps you become more committed in obedience to Christ as you model effective discipleship.
6. You will have an opportunity to develop strong Christian relationships.
7. It provides flexibility in scheduling our Dynamic Discipleship times together.

THE GOALS OF DYNAMIC DISCIPLING ARE TO:

1. Help you grow in your relationship with God and experience His power. (Ephesians 3:16, 17)
2. Help you develop a deeper understanding of God’s Word and strengthen your prayer life. (Psalm 1:2, 3; Colossians 4:2)
3. Help you develop strong Christian relationships with others. (1 Thessalonians 3:12)
4. Help answer your questions concerning the Christian life. (Acts 17:11)
5. Help you gain a good foundation for your life and teach you how to pass it along to another person. (2 Corinthians 5:18)

WHAT ARE THE QUALIFICATIONS FOR ME TO BE INVOLVED IN DYNAMIC DISCIPLING?

1. A desire to grow in your relationship with Christ.
2. A teachable attitude - willingness to learn from and interact with other people.
3. A commitment to attend weekly sessions and to purchase the training manual.
4. A commitment to complete assignments.

WOULD YOU PRAYERFULLY CONSIDER MAKING THIS COMMITMENT TO BE INVOLVED?

I will call you back on _____ for your answer.

Dynamic **BASICS**

LEADERS GUIDE

You have the rewarding opportunity of helping to establish a young Christian's faith and walk in Jesus Christ. As they begin **A New Life**, you will have the joy of seeing them grow toward maturity and become a true disciple of Jesus Christ. This is one of the most important ministries you can have because it is at the very heart of the Great Commission. In Matthew 28:18-20 it says that we are to **"go and make disciples"**. It goes on to say how we make disciples – **"teaching them to obey everything I have commanded you"**. Christ Himself has authorized your ministry and He has promised to be there to empower you.

The Apostle Paul states this in Colossians 1:28, 29

"We proclaim him, admonishing and teaching everyone with all wisdom, so that we may present everyone perfect in Christ. To this end I labour, struggling with all His energy, which so powerfully works in me."

Our part is to be diligent in teaching and training our disciples. God's part is to empower us and to cause growth in the disciple. He will use us as we faithfully do our part.

GOALS FOR EFFECTIVE FOLLOW-UP

You will be effective in your times together with this young Christian if you clearly understand what it is that you hope to accomplish.

The goals for these four sessions are:

1. To help the person understand the basic truths that God's Word teaches us to live by.
2. To help the person put his/her faith in God's Word and learning to live by God's principles.
3. To help the person begin to develop a friendship with you and other Christians.
4. To move the person toward maturity and effective service for our Lord as they begin training other people in Dynamic Basics.

SETTING UP YOUR FIRST APPOINTMENT

If you had the privilege of sharing the gospel and helping someone come to personal faith in Christ as their Saviour, or if you have been given the name of someone to follow up, share how a friend helped you to grow as a young Christian. Offer to help them grow. You could say, **“I am so happy that you have made this decision. It is important now that you learn to enjoy your new life to the fullest. Could we meet together in a few days to go over some truths that will help you live your new life in Christ?”**

If they agree, set a definite date, time and place to meet. If they are not available for follow-up at this time, try to include them in your Life Group or other church activities. Let the person who gave you their name, know of their decision. Be a friend. Pray for them regularly.

DEVELOPING A GOOD RELATIONSHIP

A very important element in effective follow-up is the relationship you develop.

As a good friend:

1. Show interest in your disciple:

- Use their name often, look at them and smile.
- Ask about their life and interests.
- Listen. Respond with interest when they talk.
- Discover what really concerns them.
- Be available to meet their needs if possible.
- Share how Jesus is relevant to their life.
- Accept them on the basis of love, not performance.
- Be enthusiastic about new truth they discover.
- Never show disapproval of any questions or answers.
- Speak well of others.

2. Share your life with your disciple:

- Share how Jesus is relevant in your life.
- Be a good example in all things.
- Be honest about your own needs.
- Be open to share how you are applying God's Word.

- Say that you don't know if you can't answer. Try to discover the answer together.
- Demonstrate your confidence in God.
- Be enthusiastic.
- Be a friend - spend time together outside your follow-up time. Do things you both enjoy.
- Pray for your disciple regularly.

YOUR FOLLOW-UP SESSIONS

Be familiar with each session before you meet together. For effective follow-up, follow this simple outline.

1. Choose a place to meet that is convenient and free from distractions.
2. Greet each other. The first time you meet spend time getting acquainted. Ask about family, vocations, etc. Each week take time to show an interest in their life. Be sure to leave 30 minutes to go over the study.
3. Transition into the first session by saying, **“I’m glad we could meet together and get to know each other. As a young Christian, you will enjoy the things we will be learning. These sessions will help us to talk about the essential issues”**. For the following sessions introduce the topic by saying, **“This week we will be studying (read the title)”**. Share your appreciation of the importance of each session.
4. Each week bring your completed session. Your disciple does not need to complete his/her session, but should do the On Your Own assignment.
5. Discuss each point of the session.
 - a. Take turns reading the lesson and the Bible verses. Verses in parenthesis should only be read if there is a question about the point being made.
 - b. You may need to share your Bible in session one but encourage your disciple to bring a Bible to each session. If they do not have a Bible arrange to help them get one of their own. Help

your disciple to become familiar with the books of the Bible.

Show him/her the table of contents and explain how the Bible is divided into books, chapters and verses. Be patient; let them find the verses on their own if possible.

c. Stimulate discussion with additional questions such as:

- What else do you see in this verse?
- What do you think Jesus meant by _____?
- How would you say this in your own words?
- How does this affect us today?
- Did you learn anything about yourself in this session?

ON YOUR OWN

Encourage your disciple to complete the brief activities at home to reinforce the biblical principles taught in each session.

MEMORY VERSE

Stress the importance of having God's Word in their hearts. Let them know that you will be having them repeat it to you from memory next session.

CLOSE

At the end of Sessions 1, 2 and 3 schedule the time for your next meeting.

At the end of session 3 have your disciple prepare to share their experience of coming to Christ using the TELLING MY STORY worksheet. Arrange an opportunity for them to tell their story to a friend. If their friend receives Jesus Christ then you could meet with your disciple as they begin Session One of Dynamic Basics.

Your disciple should start passing on Dynamic Basics to someone before they themselves go on to Dynamic Discipling.

At the end of Session 4 read through Dynamic Discipling – An Opportunity and challenge them to go on to Dynamic Discipling. You could take them on or make arrangements for them to meet with a new discipler.

Present the **Certificate of Achievement** upon completion of Session 4. When appropriate, make this presentation at your Life Group (Small Group).

Close in prayer.

Certificate of Achievement

This is to certify that

Has successfully completed

Dynamic *BASICS*

on

Trainer

