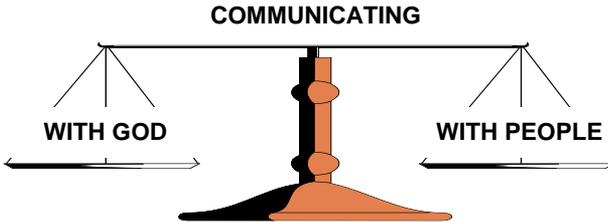


# Dynamic **BASICS**

Session 4

## A NEW LIFE IN BALANCE

Review 2 Corinthians 5:17. \_\_\_\_\_ Check after quoting it correctly.  
\_\_\_\_\_ Share MY STORY with my trainer and revise as necessary.



Communication is essential in developing any meaningful relationship. As a Christian we have the Holy Spirit to empower us to live balanced lives.

In this session we will learn how to live a balanced life as we:

1. Worship God through praise and prayer.
2. Learn from God through Bible Study.
3. Fellowship and grow in God's family.
4. Share our new life with other People.

### 1. WORSHIP GOD THROUGH PRAISE AND PRAYER

To worship God is to acknowledge God as more important than anybody or anything else in life because He alone is worthy.

#### PRAISE

God delights in the praise of His people.

Read Psalm 33:1-3. What do these verses say about praise?

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The universe declares the greatness of God. Why should you praise Him?

Ephesians 1:3 \_\_\_\_\_

## PRAYER

What kinds of things should we ask God about?

Philippians 4:6 \_\_\_\_\_

Why is it important to give thanks? \_\_\_\_\_

God does not want us to be anxious about anything. What is His desire for us?

Philippians 4:7 \_\_\_\_\_

What is the purpose of prayer in John 16:24? \_\_\_\_\_

God loves you - you are His child. He wants you to come to Him about anything that concerns you.

Is there anything at this time for which we could pray together?

**Let's pause and pray about our concerns.** Let's begin by praising Him for who He is.

## 2. LEARN FROM GOD THROUGH BIBLE STUDY

Like any loving father, God wants us to learn from Him. His ways are so much greater than ours, making it difficult for us to understand His thoughts. It takes time and effort.

Read Romans 12:2

What are we not to be? \_\_\_\_\_

What are we to be? \_\_\_\_\_

How? \_\_\_\_\_

What will be the result? \_\_\_\_\_

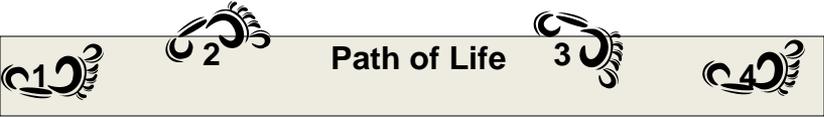
Is that your desire? \_\_\_\_\_

God's Word, the Bible, is His instruction to us so that we can renew our minds to think God's truth.

Read 2 Timothy 3:16-17. Describe four benefits gained from studying the Bible.

1. \_\_\_\_\_ 2. \_\_\_\_\_

3. \_\_\_\_\_ 4. \_\_\_\_\_



You will want to read and study the Bible regularly. Start today and read one chapter from the Gospel of John each day.

### 3. FELLOWSHIP AND GROW IN GOD'S FAMILY

God wants us to enjoy the fellowship of other Christians as part of His family.

Hebrews 10:24 -25 says that we should not \_\_\_\_\_

\_\_\_\_\_

How would you benefit from being with other Christians? \_\_\_\_\_

\_\_\_\_\_

If you do not already attend, you should plan to start going to a Bible believing church and a Life Group (or other small group fellowship). This would be a real encouragement to you.

### GROW TOGETHER

Take the next step to grow in the knowledge of God's Word. If you have not already begun to do so, begin training a friend in Dynamic Basics this week. Also plan to go on to the One-to-One Dynamic Discipling. Someone will be available to meet with you.

Why should we be diligent? 2 Timothy 2:15. Write out this verse:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

#### 4. SHARE YOUR NEW LIFE WITH OTHER PEOPLE

You are only beginning to understand the good things that are now yours because of your new life in Christ. What are some changes that you have experienced so far?

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Are there changes that your family and friends would also enjoy? \_\_\_\_\_

Besides the fact that they can experience the joys of knowing Christ personally, why else should you share with them?

Acts 4:12 \_\_\_\_\_

What are we saved from? \_\_\_\_\_

If you follow Christ, what will He do for you?

Mark 1:17 \_\_\_\_\_

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You have prepared **TELLING MY STORY** so you can share it with a friend. What friend could you and I meet with so that you can tell your story of how you received Christ and how He is blessing your life.

I would like us to meet with \_\_\_\_\_ . When? \_\_\_\_\_

If your friend receives Christ then we could invite him/her to begin Dynamic Basics and also to attend our Life Group or other church activity so they can begin to learn the truths about God? **Remember I will be there to help you.**

Talk about One-to-One Dynamic Discipling and read through **Dynamic Discipling – An Opportunity** and be sure to continue on into One-to-One Dynamic Discipling but it is very important that you start training another person in **Dynamic Basics** before you go on to **Dynamic Discipling**.

Memorise the following verse:

***“Do your best to present yourself to God as one approved, a workman who does not need to be ashamed and who correctly handles the word of truth.”***

2 Timothy 2:15

**Close in prayer.**