

Dynamic **BASICS**

Session 3

A NEW LIFE WITH POWER

Review On Your Own and 1 John 1:9. _____ Check after quoting it correctly from memory.

The Christian life is an amazing life, so great in fact, that it is not humanly possible to live it. But God's Holy Spirit has been given to us so that we can live this life. What an adventure!

In this session we will discuss:

1. Your new potential as a new creation.
2. Your new power source - the Holy Spirit.
3. How to be directed and empowered by the Holy Spirit.

1. YOUR NEW POTENTIAL AS A NEW CREATION

Read 2 Corinthians 5:17. As a new creature what has passed away?

List some attitudes and actions that are passed away in your life.

What new changes have you seen in your life?

All these changes are evidence of the fact that you are a new creation.

You have been set free from the power of sin because your old sin-loving nature has been crucified with Christ. Read Romans 6:6, 7.

What was crucified? _____

When? _____

Why? _____

Read Romans 6:11-13. How should we now consider our lives?

(v.11) _____ and _____

The key to freedom is to accept what Christ has accomplished for us on the cross as truth. Now choose to live as one who is free.

2. YOUR NEW POWER SOURCE - THE HOLY SPIRIT

When you received Christ as your Saviour, the Holy Spirit, who is God (I Corinthians 2:11, 12), sealed your relationship with God (Ephesians 1:13) and He will be with you forever (John 14:16, 17).

WHY DID THE HOLY SPIRIT COME?

Read each verse and match the Bible reference with the correct statement.

- | | |
|-----------------|---|
| ___ John 16:8 | a. To guide us into all the truth and show us things to come. |
| ___ John 16:13 | b. To bring glory to Jesus. |
| ___ John 16:14 | c. To empower us to witness. |
| ___ Romans 8:16 | d. To convict the world of sin, righteousness and judgement. |
| ___ Acts 1:8 | e. To assure us that we are His children. |

What is a witness? _____

What fruit (character qualities) will the Holy Spirit produce in us?

Galatians 5:22, 23 _____

Do you desire these qualities in your life? _____

What must **you** do? John 15:4, 5 _____

EVALUATE YOUR SPIRITUAL CONDITION

NON-CHRISTIAN - 1 Corinthians 2:14. Those people who do not trust Jesus Christ's death as payment for their sins.

CARNAL (FLESHLY) CHRISTIAN - 1 Corinthians 3:1, 2 Are people who have trusted Christ as their Saviour, but are now living in the energy of the flesh, not in the power of the Spirit.

SPIRITUAL CHRISTIAN - 1 Corinthians 2:15. Those people who trust Christ as Saviour and are allowing the Holy Spirit to empower them.

S -- Self is in Control

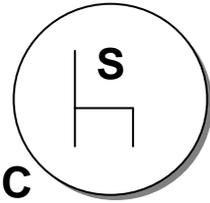
S – Self is in Control

C – Christ is in this life and in control

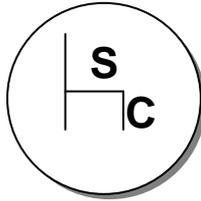
C – Christ is outside this life

C – Christ is in this life but He is ignored and is not allowed to direct the life.

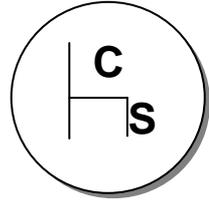
S – Self is yielding to Christ's will and the Holy Spirit is producing spiritual fruit



Self-Directed



Self-Directed



Christ-Directed

Which circle best illustrates your life right now?

* Adapted from the booklet "Have You Made the Wonderful Discovery of the Spirit Filled Life?" by Dr. Bill Bright. Read this booklet for further detail.

3. HOW TO BE DIRECTED AND EMPOWERED BY THE HOLY SPIRIT

- Confess** any known sin. (Psalm 66:18)
- Surrender** every area of your life to Christ. (Romans 6:12, 13)
- Ask** the Holy Spirit to direct and empower you.

We know it is God's will because He commanded us to be filled (directed and empowered) by the Holy Spirit.

“Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.” Ephesians 5:18

- d) **Claim** His promise by faith.
He said He would answer any prayer that is in line with His will.

Read 1 John 5:14, 15.

Is it God’s will for you to be directed by the Spirit? _____

If you ask Him to direct your life, will He? _____

How do you know? _____

To live the Spirit-filled life is to live with Christ’s supernatural life in you by faith, through the power of the Holy Spirit.

This prayer is one way to ask God in faith to direct your life.

“Dear Lord, I have sinned against You by directing my own life. Thank You for forgiving my sins. I now ask You to take complete control of my life. In faith I now claim the Holy Spirit’s power and control and I thank You for directing me.”

Did you ask the Holy Spirit to empower you? _____

Do you believe that He is in control of your life right now? _____

How do you know? _____

ON YOUR OWN

1. This week live by faith empowered by the Holy Spirit. Watch for times when you may have taken control. If you do, apply Point #3 of this lesson, and continue to claim His control.
2. Prepare to share with your trainer next session how you personally came to know God. Use the **TELLING MY STORY** worksheet that follows.
3. Memorize the following verse:
“Therefore, if anyone is in Christ, he is a new creation; the old has gone, the new has come!” II Corinthians 5:17

How can we have balance in our Christian life?

Our next session is **A NEW LIFE IN BALANCE.**

Time _____ Place _____ Date _____

Close in prayer.

TELLING MY STORY

You have received Jesus Christ as your personal Saviour. God has worked uniquely in your life. Telling your story to your friends is a wonderful way for you to illustrate what it means receive Jesus Christ. You will want to make it clear and attractive, yet simple so that those who hear it will want to know Him too, and will also know **how** to receive Him personally.

A Few Suggestions to Help You:

1. Ask the Lord to give you wisdom and guidance as you write.
(Read James 1:5, 6)
2. When you tell your story speak clearly and in a natural, relaxed tone.
3. Write and tell your story in such a way that others will identify with you in your past and present experiences.
4. Don't give the impression that the Christian life is problems free.
Share that the life of Jesus Christ - who now lives in you - has given you the strength and wisdom to go through difficult times in your life.
5. Edit carefully and rewrite as necessary before your final draft.
6. Memorise your story and practice it until you can share it naturally.
7. Study the four-point outline below and write your story on the **TELLING MY STORY** worksheet.

My Life Before I Received Christ:

- Remember, you will be talking to people who do not know Christ. Could they relate to your experiences? Is your story realistic?
- Describe what your life was like before you received Jesus Christ.
- What caused you to realise that you needed to receive Christ?

How I Received Christ:

- **Specifically, how did you actually invite Jesus Christ into your life?**
- Someone should want to, and know how to receive Jesus Christ as a result of hearing your story? Make sure this is very clear!

My Life After I Received Christ:

- Use simple, clear illustrations of the positive changes He has made in your life such as changes in your attitudes, from: apathy to love; resentment to concern; depression to joy; anxiety to peace; impatience to patience.
- What does Christ mean to you now?
- Your illustrations should be realistic? Remember, no one is perfect.
- Show that it is Christ who is making the difference in your life?

Appropriate Bible Verse:

- Choose a verse that expresses your appreciation for God and what He has done in giving you His life and a new hope for the future.

When Telling Your Story, Be Sure to:

- Share from your heart and with loving enthusiasm in the power of the Holy Spirit. (Ephesians 5:18)
- **Smile!** Ask the Lord to give you a happy, radiant face!

TELLING MY STORY

My Life Before I Received Christ

How I Received Christ (Be Specific)

My Life After I Received Christ

Appropriate Bible Verse
